

UPPER LAKE VOLLEYBALL

2016 NCL II Schedule



Date	Day	Time	Opponent	Location	Home/ Away	League/Non-league
08/15/16	Monday	3:30 PM	Upper Lake	ULHS	Home	1st Day of Practice
08/23/16	Tuesday	5:00 & 6:00 pm	Anderson Valley	Anderson Valley	Away	Non-League
08/25/16	Thursday	5:00 & 6:00 pm	Clear Lake	Upper Lake	Home	Non-League
08/30/16	Tuesday	5:00 & 6:00 pm	Cloverdale	Cloverdale	Away	Non-League
09/01/16	Thursday	5:00 & 6:00 pm	Potter Valley	Upper Lake	Home	Non-League
09/06/16	Tuesday	5:00 & 6:00 pm	Fort Bragg	Fort Bragg	Away	Non-League
09/08/16	Thursday	5:00 & 6:00 pm	Middletown	Middletown	Away	Non-League
09/13/16	Tuesday	5:00 & 6:00 pm	Roseland Collegiate Prep	Santa Rosa	Away	League
09/15/16	Thursday	5:00 & 6:00 pm	Technology	Upper Lake	Home	League
09/20/16	Tuesday	5:00 & 6:00 pm	St. Vincent	Petaluma	Away	League
09/22/16	Thursday	5:00 & 6:00 pm	Roseland University Prep	Upper Lake	Home	League
09/27/16	Tuesday	5:00 & 6:00 pm	Tomales	Tomales	Away	League
09/29/16	Thursday	5:00 & 6:00 pm	Sonoma Academy	Santa Rosa	Away	League

Date	Day	Time	Opponent	Location	Home/ Away	League/Non-league
10/04/16	Tuesday	5:00 & 6:00 pm	Rincon Valley	Upper Lake	Home	League
10/06/16	Thursday	5:00 & 6:00 pm	Roseland Collegiate Prep	Upper Lake	Home	League
10/11/16	Tuesday	5:00 & 6:00 pm	Technology	Rohnert Park	Away	League
10/13/16	Thursday	5:00 & 6:00 pm	St. Vincent	Upper Lake	Home	League
10/18/16	Tuesday	5:00 & 6:00 pm	Roseland University Prep	Santa Rosa	Away	League
10/20/16	Thursday	5:00 & 6:00 pm	Tomales	Upper Lake	Home	League
10/25/16	Tuesday	5:00 & 6:00 pm	Sonoma Academy	Upper Lake	Home	League
10/27/16	Thursday	5:00 & 6:00 pm	Rincon Valley	Santa Rosa	Away	League
11/02/16	Wednesday	TBA	TBA	TBA	TBA	NCS Playoffs

Varsity Head Coach: Raelene Cromwell (530) 403-6964

Asst. Coach: Darrin Brown

JV Coach: Danipaige Gudmundson Pena

ULHS AD: Mike Smith msmith@ulhs.k12.ca.us

ULHS Principal: Sandy Coatney scoatney@ulhs.k12.ca.us