

Upper Lake High School

October 2016 Newsletter



Cougar athletics: Fall sports

have been very positive and exciting. Our varsity volleyball team is heading for a first place showdown vs. St. Vincent on Oct. 13th. The football team has bounced back from some early losses and looks to complete a winning season. Girls soccer has posted back to back wins for the first time in awhile. The boys team is very young and they will be a force over the next few years. Cross Country is also off to a great start especially with the newest "honorary" member, Daisy Potts born right after the Cougar Classic! Each sport is selling limited edition T-shirts that can be purchased from Mr. Smith during all home games.

Principal's News

We had a great homecoming, I hope everyone got a chance to see a part of it. Students got crazy with school spirit, decorating the gym, making floats, and going all out on spirit days. The sophomores made a fantastic effort, winning the gym decorations and the float competition and coming in second on the spirit poster. However, the seniors racked up enough points during the games that they won out overall. The boys did a great job on the field, almost blanking Tomales 48-6. And in other news...we've almost made it through the entire first quarter - the quarter ends October 6th, grades come out October 13th. Eligibility for those grades takes effect Monday, October 16th.

[Contact us: 275-2338 \(office\)](tel:275-2338)

[Go Mighty Cougars!](#)

[No School Friday, October 7th!](#)

[ACT Testing Saturday, October 22nd in the student center](#)

[Keys to academic success:](#)

[1\) Show up. 2\) Be on time. 3\) Stay in class. 4\) Do your work. 5\) Turn it in.](#)

Important Dates-

October 7- No School 1st Quarter grades.

October 24- FFA Chapter Meeting

