

January 11, 2019

# Upper Lake High School Daily Bulletin



## **Birthdays:**

Rhiannon Smith

## **Lunch:**

Homemade Bean and Cheese Burritos  
Grab & Go Meal PB&J w/ Chips  
Fresh Fruit Assorted  
Salad Bar  
Milk- Variety

## **Sports:**

Jv Boys, Varsity girls and boys at Tomales today. Please release JV boys at 1:30 and Varsity girls at 2.

Wrestling Teams are in Sacramento today.

## **Students:..**

- This week's Wolf Pack meeting will be today during 5th period in the ASB room. Students must get permission from their 5th period teacher before attending. There will be a Native American Club officer meeting during lunch today.
- Students: We will be offering 3 Mendocino College Classes on our Campus for the spring semester. All of these courses will start the week of January 21st. We will offer Health 202 on Mondays and Wednesdays from 3:15-4:20 in the student center. This is a basic first aid class where you will get CPR certified. We also are offering Spanish 200 on Tuesdays and Thursdays from 3:15-5:05 in Room #17. Foreign language is needed if you want to be A-G eligible. And we will also offer ART 207 taught by our own Ms. Sabalone in Room #18. This class will be on Mondays and Wednesdays from 3:15-4:45. If you would like to sign up to take any of these courses for the spring semester, please sign up to see Ms. Carter

 **COUGAR PRIDE** 

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