



UPPER LAKE HIGH SCHOOL DAILY BULLETIN

January 19, 2018

Birthdays: Aldea Schmit

Lunch: Macho Chili Burrito  
Salad Bar  
Fresh Fruit

Quote: We are the creative force of our life, and through our own decisions rather than our conditions, if we carefully learn to do certain things, we can accomplish those goals.

*Stephen Covey*

**The bad news is that most people give up; they settle for second best; they don't start over; they stay stuck. Please don't allow that to be you.** Doug Fields,

**Sports: Boys basketball tomorrow, Saturday, JV start time 2pm, Varsity at 3:30pm.**

Sat - Jan.20	ULHS	G-Wrestling	Lady Eagle	x	Del Oro	TBA
Sat - Jan.20	ULHS	B-Wrestling	King of the Mat	x	Windsor	TBA

**If you are interested in taking a Mendocino college class this semester** remember that your K-12 forms are due to Ms. Carter by this Friday, January 19th. College classes start next week on January 22nd.

Need extra support in classroom assignments? Come to our after school tutoring Monday through Thursday, till 4pm. Monday, Tuesday Mr. Holt's class, Wednesday, Mrs. Laughner's class and on Thursday, be encouraged by Dr. Krueger. Transportation is available at 4pm.

**Monday January 22, Sports pictures will be taken at 3:30pm in the gym.**



