



UPPER LAKE HIGH SCHOOL DAILY BULLETIN

October 4, 2017

Lunch Cream of chicken soup
Loaded Baked Potato

Birthdays : Jasmine Haro and Mayra Valencia

Sports:

Wed - Oct.4	ULHS	B-Soccer	Mendocino	ULHS	4:00	
	ULHS	G-Soccer	Credo	Rohnert Park	4:30	1:30

Counselor: Students: Are you interested in a career in the medical field? Do you need community service hours? Then joining the Volunteer program at Sutter Lakeside Hospital might be a perfect fit for you! This is a program where you can volunteer and job shadow at the hospital in a variety of departments. Help people in the community, gain experience, and learn about the ins and outs of working in a hospital. If you're interested, see Ms. Carter for more information.

If you are a young woman between the ages of 14-18 and have volunteered in your community of school, you have the opportunity to win a Soroptimist Violet Richardson Award. You could win up to \$600 if you win! If you are interested, see Ms. Carter for more information.

Are you interested in the Sea Scouts program- an in, on, around and under water journey? Sea Scout ship 711 is now welcoming new crew members between the ages of 13-20 years old. See Ms. Carter for more information.

Seniors: Mark your calendars. CSU Application Day is coming up on Tuesday, October 10th. Ms. Carter will be available in the student center periods 1-5 with chrome books to help you complete your CSU applications.

Seniors meet Mrs. Mathews today in the quad for your reward for winning homecoming at break.



